



# NOURISHING YOUNG MINDS



**Receiving food from the different organizations in my community has changed my life tremendously. I am not hungry. MY CHILDREN are not hungry."**

- Tiffany Carr, Flint Resident

## SCHOOL PANTRY

- Designed to close the weekend meal gap, and allows for teenagers to select their own nutritious food items.
- Pantries have specific hours of operation, and access is only granted to students and their parents.
- Typically stocked with non-perishables as well as fruits and vegetables, snacks, drinks, and toiletries.
- 129,649 pounds served
- **Our school pantries serve kids & their families at 39 sites!**

## WEEKEND BACKPACK

- Each weekend, backpacks containing 3 breakfasts, lunches, dinners, and snacks are sent home with elementary school children in need.
- The food is nutritious, kid-friendly, and shelf stable.
- \$150 fills a weekend backpack for the entire year for one child.
- **The Backpack Program helps kids at 139 schools**

Many families depend on free school breakfast and lunch during the academic year. To ensure children have access to nutritious meals during the summer months, the Food Bank proudly operates several programs at no cost to families. **The Meet Up and Eat Up** and **Summer on the Run** programs help overcome transportation barriers by delivering meals directly to children at parks, apartment complexes, and churches.

In 2025, our production kitchen prepared and distributed **72,742 meals** across **67 sites**, along with **8,308 nutrition bags** to provide children with healthy food over the weekend. These meals—combined with physical activities and nutrition education—play a vital role in supporting children's well-being until school resumes in the fall.

## FEEDING KIDS ALL YEAR LONG

**The Food Bank of Eastern Michigan** is committed to ending hunger in the 22 counties we serve. The goal of our children's food programs is simple; close the meal gap and allow every child access to nutritious food through innovative program options all year long. In addition, many schools offer grocery items through take home programs.

## DURING THE SCHOOL YEAR

Through pre-school and after-school meal programs, the Food Bank provides more than **438,585** meals for children in need. This food provides much needed nutrition during the school year, sometimes serving as the only meal a student receives for the entire day. Without these programs, numerous children throughout eastern Michigan would be forced to endure hunger related hardships that can hinder their development.

For more information (including how you can help), visit [fbem.org/programs](http://fbem.org/programs)

*This institution is an equal opportunity provider.*

Source(s): Food Bank of Eastern Michigan | [www.census.gov](http://www.census.gov) | <https://map.feedingamerica.org> • All data based on national 2020 census report (or most recent available)





# NOURISHING DIGNITY FOR SENIORS



**The Senior Box Program is available in all **22 counties** of our service area!**

## DELIVERING FRESH, NUTRITIOUS FOOD TO THOSE IN NEED

Through the hard work of **nearly 700 hunger relief partners**, our network distributed nearly **38 million pounds of food** in 2025. Our neighbors in need were able to take full advantage of the **1,632 mobile pantries** sent out into the community, with half of all food distributed being FRESH! This included **12.7 million pounds of produce, 2.9 million pounds of dairy, and 3.2 million pounds of various meats and proteins**.

In our service area, more than **20,000 senior citizens** rely on our programs, through monthly home delivery or pick-up points supported by our agencies. With our monthly senior box program alone, we distributed over **2,276 boxes of food**.

### SENIOR BOX PROGRAM

The Food Bank of Eastern Michigan, with help from federal funding, assembles a **45-50 pound box of food** to help supplement a senior citizen's groceries every month for one year. Each package contains a variety of foods with important nutrients for older adults. USDA foods align with the Dietary Guidelines for Americans and contain reduced amounts of sodium, saturated fat, and added sugar.

### ADDITIONAL HELP FOR SENIORS

The **CSFP** (Michigan Commodity Supplemental Food Program) can help you by providing healthy foods to supplement your food budget. **Call the Food Distribution Unit or visit their website to find a CSFP provider.**

**(810) 239-4441**  
**[www.michigan.gov/mde-fdp](http://www.michigan.gov/mde-fdp)**





CELEBRATING  
45 YEARS

PARTNER  
FOOD BANK OF  
FEEDING<sup>®</sup>  
AMERICA

# NEED HELP? FIND FOOD HERE

The Food Bank of Eastern Michigan supplies food, including fresh produce, proteins, and dairy products through a hunger relief network of nearly 700 hunger relief partners in 22 counties. To find a food distribution near you, please follow the instructions below.

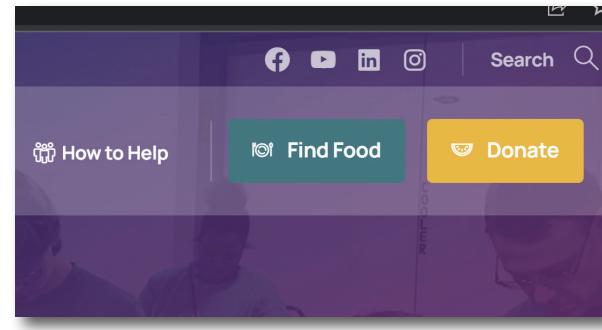
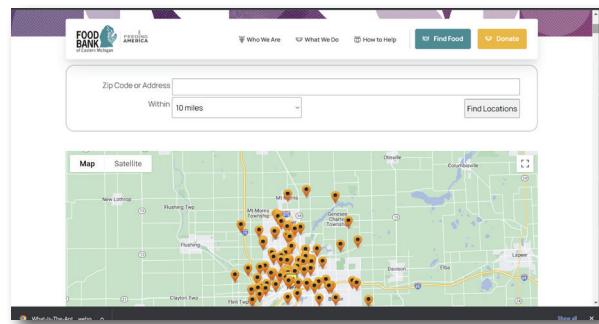


## VISIT FBEM.ORG

1. On the top left, click “Find Food.”

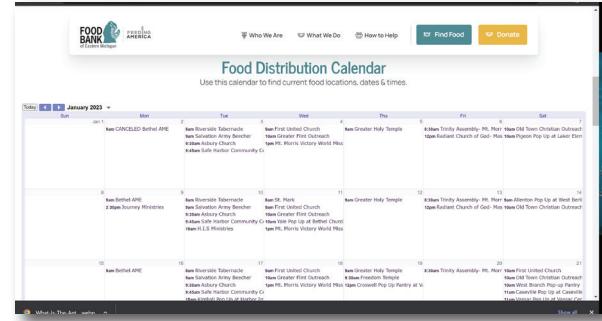


(Or scan here)



2. Scroll down and type in your zip code under “Agency Locator.” A list of agencies near you, their contact information, and addresses will appear. Call the agency of your choice to find out pantry hours.

3. The “Find Food” page also includes our **MOBILE PANTRY** calendar with information on upcoming drive-through events in eastern Michigan.

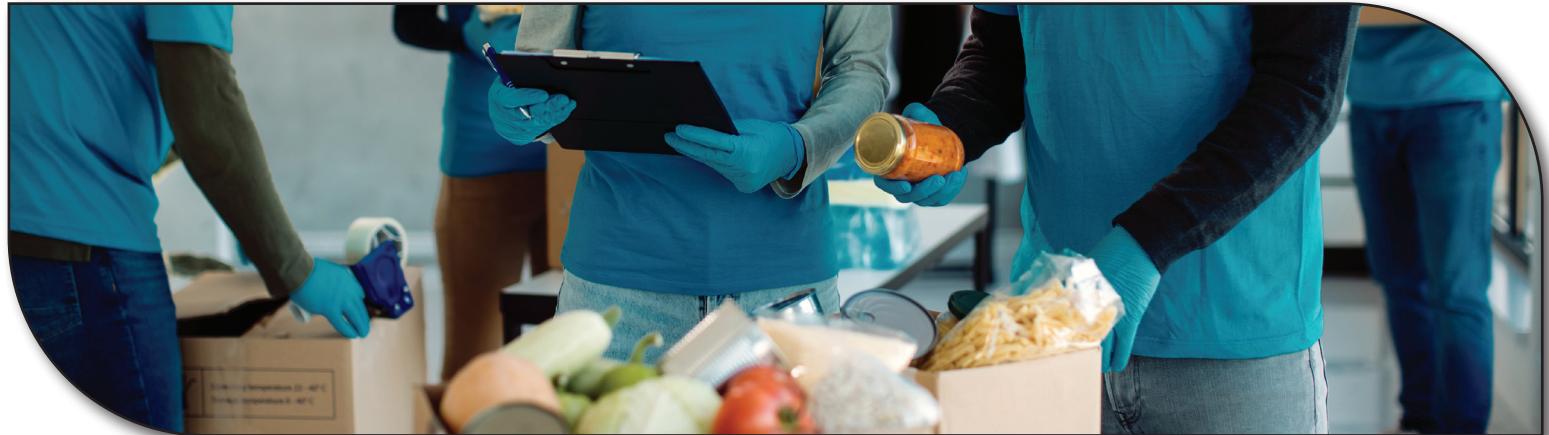


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Sources(s): Food Bank of Eastern Michigan | [www.census.gov](http://www.census.gov) | <https://map.feedingamerica.org> • All data based on national 2020 census report (or most recent available)



# ADDITIONAL RESOURCES



More than **234,610 people** in our service area experience hunger on a daily basis. If you need assistance there are resources that can help.

## SNAP

The Food Bank's **SNAP outreach team** can help you apply for federal food assistance (Bridge Card). Visit [FBEM.org](https://www.fbem.org), click on "Find Food", and click on the SNAP link.

Scan Here



For more information, visit:  
[www.fbem.org/programs/bridge-cardsnap-outreach](https://www.fbem.org/programs/bridge-cardsnap-outreach)

211

The **United Way's 211 "First Call for Help"** line can refer you to agencies, food pantries, and other services (utility assistance, clothing, job training, etc.) near you.

Scan Here



For more information, visit:  
[Mi211.org](https://Mi211.org)

## DELIVERING FRESH, NUTRITIOUS FOOD TO THOSE IN NEED

Through the hard work of **nearly 700 hunger relief partners**, our network distributed nearly **38 million pounds of food** in 2025. Our neighbors in need were able to take full advantage of the **1,632 mobile pantries** sent out into the community, with half of all food distributed being FRESH! This included **12.7 million pounds of produce, 2.9 million pounds of dairy, and 3.2 million pounds of various meats and proteins**.

In our service area, more than **20,000 senior citizens** rely on our programs, through monthly home delivery or pick-up points supported by our agencies. With our monthly senior box program alone, we distributed over **2,276 boxes of food**.

We also work hard to ensure our children remain fed and healthy during the summer months when school is not in session, providing **72,742 meals** for those in need.

**8,558 holiday boxes** were also distributed in November and December to brighten the season.



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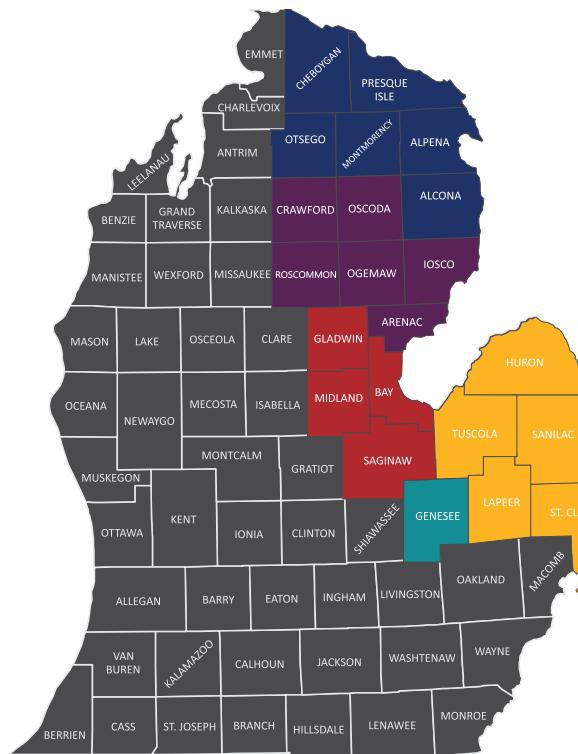
# FIGHTING HUNGER TOGETHER



With nearly 700 community partners, the Food Bank serves a hunger relief network that distributed nearly 38 million pounds of food last year. Together, this network works to assist more than 234,610 food insecure people across 22 eastern Michigan counties.

- 325 partner agencies (Food Pantries, Soup Kitchens, Meal Programs, etc.)
- 139 schools offering a backpack program
- 39 food pantries for students at schools and colleges
- 67 sites serving meals to kids throughout the summer

## TOGETHER We Serve



County	Population	Total Food Insecurity Rate	Food Insecure Population	Food Insecure Children	Senior Population	Food Insecure Seniors
Alcona	10,489	18.1%	1,870	310	3,818	321
Alpena	28,904	18.7%	5,410	1,210	7,081	595
Arenac	15,145	17.4%	2,620	590	3,983	335
Bay	102,500	16.7%	17,220	4,000	23,370	1,963
Cheboygan	26,048	17.8%	4,590	920	7,398	621
Crawford	13,538	18.8%	2,490	550	3,601	302
Genesee	401,522	17.4%	70,490	22,180	78,698	6,611
Gladwin	25,853	17.0%	4,340	970	6,954	584
Huron	30,927	15.6%	4,880	1,060	8,227	691
Iosco	25,373	18.9%	4,790	990	7,713	648
Lapeer	88,977	14.0%	12,430	2,770	18,418	1,547
Midland	84,039	14.6%	12,220	2,680	17,312	1,454
Montmorency	9,678	20.4%	1,910	350	3,184	267
Ogemaw	20,990	19.2%	4,010	960	5,688	478
Oscoda	8,545	19.3%	1,610	400	2,435	205
Otsego	25,747	15.3%	3,890	940	5,587	469
Presque Isle	13,285	17.0%	2,240	410	4,397	369
Roscommon	23,863	19.7%	4,650	940	8,066	678
Saginaw	187,782	17.8%	33,660	10,410	39,810	3,344
Sanilac	40,368	16.6%	6,740	1,770	9,123	766
St. Clair	159,874	14.9%	23,810	5,660	33,733	2,834
Tuscola	52,826	16.5%	8,740	2,050	11,358	954
<b>TOTALS</b>	<b>1,396,273</b>	<b>16.8%</b>	<b>234,610</b>	<b>62,120</b>	<b>309,954</b>	<b>26,036</b>

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# WITH YOUR SUPPORT



## DONATE

- **Your funds go further!** When you donate money directly to the Food Bank, **every \$1 provides 6 meals** for our neighbors in need.
- **We can buy more!** Long standing partnerships with grocers, farmers, and food manufacturers increase our buying power so we can procure more food.
- **Give the gift of food!** Make a one-time or monthly donation online at [FBEM.org](https://FBEM.org).



## VOLUNTEER

- **We need your help!** In a two-hour shift, one volunteer can sort enough food to feed more than 700 people.
- **We can't do it alone!** Millions of pounds of food pass through the Food Bank each year. It must be inspected, sorted and packaged before it can be delivered.
- **Give the gift of time!** Volunteer shifts are available Monday-Saturday, for individuals or groups. **Sign up at [FBEM.org](https://FBEM.org) or call (810) 396-0210** for more information.

## FEEDING HUNGRY NEIGHBORS IN 2025

- In total, the Food Bank distributed nearly 38 million pounds of food, over half of which was **FRESH!**
  - **Produce – 12.7 million pounds**
  - **Dairy – 2.9 million pounds**
  - **Meats/Proteins – 3.2 million pounds**
- 1,632 mobile pantries delivered directly to neighborhoods in need
- 438,585 meals served to children during the school year
- 72,742 meals provided during the summer when school meal programs are not available
- 2,276 senior meal boxes delivered throughout the year to elder citizens in need
- 8,558 holiday meal boxes distributed in November and December to brighten the season



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